



Promoting quality of life for people with dementia and their carers through the creative arts

Arts and Dementia Conference

Wednesday 22 June 2011

10.00 – 4.00

**Jacqueline du Pré Music Building
St Hilda's College
Cowley Place, Oxford OX4 1DY**

Speakers

Paul Cann, Chief Executive, Age UK Oxfordshire
Dr John Zeisel, Director, Artists for Alzheimer's
Sean Caulfield, Creative Director, Artists for Alzheimer's
Maria Parsons, Director, ARTZ UK

Workshops

Poetry: John Killick, Writer and Poet

Dance and movement: Lucinda Jarrett, Artistic Director, Rosetta Life
Relationship Theatre: Chris Gage, Creative Director, Ladder to the Moon

Museums and reminiscence: Gill Munday, Heritage Learning and Access Manager, Oxfordshire County Council & Helen Fountain, Reminiscence Officer, Museum of Oxford

Museums and objects: Jo Rice, Head of Education, Ashmolean Museum & Susan Griffiths, Community Education Officer, Oxford University Museums

Music and singing: Guideposts Music Therapy Service for People with Dementia; Danielle Battigelli, Jacqueline du Pré Music Building

Visual Arts: Helen Jacobs, Artists and Educator, Oxfordshire

What is dementia and how can we enable people with dementia to access the arts? **Maria Parsons**, Director, ARTZ UK

Conference supported by



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Come to our conference

Those involved in organising and presenting this conference share a belief in the power of the arts to transform lives, especially the lives of people with dementia. Participation in creative arts results in demonstrable benefits for people with dementia, their carers and for the communities where they live. Engagement in music, poetry, song, plays, dance and comedy, paintings, music, dramatic arts brings pleasure, joy and fun as well as maintaining health and well being.

Come and join ARTZ UK in Oxford where we aim to

- Introduce the work of ARTZ Artists for Alzheimer's
- Showcase best practice in creative arts and dementia from Oxfordshire, the UK and internationally
- Bring together those who commission arts and culture in health, housing and social care with arts practitioners and organisations
- Consult with local stakeholders on the development of ARTZ UK

We hope that the conference will both inform and inspire anyone interested in creative arts and dementia but it will be particularly relevant for

- Creative artists – visual arts practitioners, ceramicists, musicians, dance and movement practitioners, actors, performers and poets.
- Staff from museums and galleries
- Arts Officers and staff from arts organisations
- Commissioners and senior managers in the NHS and Local Councils
- Community mental health teams
- Staff from residential and nursing homes
- Charities and voluntary sector organisations
- Home care managers
- Public health professionals
- Geriatricians, Old Age Psychiatrists, GPs, nurses and allied health professionals working with people with dementia
- Carers
- Academics and researchers

Arts and Dementia Conference Programme

- 9.15 Registration and refreshments
- 10.00 Welcome from **Sheila Forbes CBE**, Principal, St Hilda's College
- 10.05 Chair's welcome **Paul Cann**, CEO Age UK Oxfordshire
- 10.15 **Simon Keary**, Head of Strategy and Transformation, Oxfordshire County Council
- 10.25 Welcome from **Maria Parsons**, Director, ARTZ UK
- 10.30 Arts for dementia **Dr John Zeisel**, Director, Artists for Alzheimer's
- 11.15 Refreshments
- 11.45 **Workshops:**
1. **Poetry** with people with dementia: **John Killick**
 2. **Dance and movement** at the end of life: **Lucinda Jarrett**, Rosetta Life
 3. **Museums:** reminiscence through heritage: **Gill Munday**, Heritage Learning and Access Manager, Oxfordshire County Council & **Helen Fountain**, Reminiscence Officer, Museum of Oxford
 4. **Music and singing:** Guideposts Music Therapy Service for People with Dementia; **Danielle Battigelli**, Jacqueline du Pré Music Building
 5. Relationship **Theatre:** improving the quality of life of people with dementia in care homes: **Chris Gage**, Ladder to the Moon Theatre
 6. **Visual arts** and dementia: **Sean Caulfield**, Artists for Alzheimer's and **Helen Jacobs**, Artist and Educator, Oxfordshire
 7. What is dementia and how can we enable people with dementia to access the arts? **Maria Parsons**
- 12.45 **Lunch**
Opportunity to view the **exhibition** including paintings by people with dementia. Local and national organisations. Dr. John Zeisel will be signing copies of *I'm still here*.
- 1.45 All **workshops** repeated – except the afternoon **Museums** workshop will be: **Inspiring Objects: using museums and collections to inspire learning, enjoyment and creativity**. From python skins to astrolabes; Ancient Greek pottery to totem poles. **Jo Rice**, Head of Education, Ashmolean Museum and **Susan Griffiths**, Community Education Officer, Oxford University Museums and Collections
- 2.45 **Arts for dementia consultation:** getting going locally and nationally
- 3.15 Refreshments
- 3.40 Plenary: Building **ARTZ UK**
- 3.55 Closing remarks **Paul Cann**
- 4.00 Close of conference

Arts and Dementia Conference

Booking your place

Eminence Grise - *a positive light on the grey world* - has been appointed to provide conference support and administration. Log on to their website www.eminence-grise.co.uk and follow the links to the online registration form, and payment options. If you are unable to reserve your place electronically, please contact Elizabeth Mills on 07970 742062 for a paper form.

Delegate Rates

Public and private sector organisations £100

Voluntary sector organisations £80

Small creative arts organisations (6 staff or less) and individuals £50

Oxfordshire artists, performers, musicians, poets and dancers £30

Payment may be made by cheque payable to *Eminence Grise*¹ or credit card (via Paypal). Invoices may be requested, but a £2.50 administration fee will be added to the delegate charge for this facility.

Accommodation in Oxford

Delegates wishing to stay overnight in Oxford before the conference are strongly advised to make enquiries as soon as possible to

<http://www.visitoxfordandoxfordshire.com/accommodation/>

Travel arrangements

We strongly advise delegates to travel by public transport or use Oxford City Thornhill Park and Ride facility. The bus stop for Jacqueline du Pré Music Building is St Clements and the journey takes around 15 minutes depending on the time of day

www.parkandride.net/oxford/html/facilities/redbridge_parkandride.shtml

There is no parking available Jacqueline du Pré Music Building apart from disabled parking. The nearest pay and display car park is in St Clements about 5 minutes walk and 6 - 8 hours costs £14.50.

If arriving by train, catch the no. 5 bus from the station forecourt and ask for St Clements. Allow about 20 minutes for the journey. Alternatively, a taxi from the station costs £6.50.

We will provide detailed travel instructions and maps with the final programme nearer the conference date.

Further information

Please contact Maria Parsons, ARTZ UK Director maria@eminence-grise.co.uk or 07801 509993

or Elizabeth Mills elizabeth@eminence-grise.co.uk or 07970 742062

¹ and posted to 11 Divinity Road, Oxford, OX4 1LH



About ARTZ UK

ARTZ UK is part of ARTZ Artists for Alzheimer's, an organisation that began working a decade ago in the USA using creative arts to improve the quality of life of people with dementia. The ARTZ programme

1. Creates collaboration amongst cultural institutions (including sports clubs, circuses, cafés, cinemas and theatres) and statutory and voluntary organisations to ensure that there is a weekly programme in a community that engages people with dementia and their carers.
2. Sets up and run guided tours in museums and art galleries offering specialist training to staff to create both a successful visit with people with dementia and their carers as well as engage their interest and create memories.
3. Brokers contact between those commissioning arts (organisations, groups, individuals with dementia or their carers) and arts practitioners.
4. Recruits amateur and professional artists who volunteer for 1 hour per year (or more) to work with or perform for people with dementia in care homes.
5. Offers workshops that train professionals, care staff and volunteers in hospitals, care homes, extra care and sheltered housing to use arts based approaches and resources to occupy and engage

ARTZ UK is being developed in Oxfordshire, a county rich in creative arts, with a large diverse ageing population² and a population with dementia forecast to increase by 38% to mid century.

ARTZ UK envisages co-ordinating an Oxfordshire arts and dementia forum to promote and support creative arts and bring together service users, their families, local communities and statutory, voluntary and independent organisations including cultural institutions. In this way the whole community acts as a 'virtual village'³ and dementia care is improved from the bottom up.

For more information see Artists for Alzheimers www.artistsforalzheimers.org/

² Age UK Oxfordshire (2010) *A Tale of Two Counties: Growing Older in Oxfordshire*, Calouste Gulbenkian Foundation and Age UK Oxfordshire

³ In the same way as "It Takes a Village" to raise a child, ARTZ believes that communities can bring together a range of resources to support older citizens including those with dementia.